

ANYONE CAN WRITE

(A Post Weekend Resource)

1. Pick a topic - something which provokes strong feelings from:
 - a. The Weekend (i.e.: God Does Not Make Junk, To Love is a Decision, etc.)
 - b. A favorite book, poem, words from a song, calendar etc.
 - c. Personal interests (sex, money, death, God, possessions, etc.)
2. Make a list of 7-10 related questions in a dialogue series about your topic.
3. Dialogue on these questions, jot down notes about what feelings you zeroed in on and how you tried to transfer that feeling to your spouse. Also note any attitudes and conclusions which may have been brought out in your dialogue.
4. Pick 4 or 5 of the loveletters and dialogues you would like to share from.
5. Don't edit. They are beautiful just as they are because they reflect YOU.
6. Write an introduction that tells:
 - a. Why you selected this topic
 - b. If you use scripture, set the scene (how would you picture this?)
 - c. What special meaning does this topic hold for you as a couple?
7. Add a few transitory sentences to connect your loveletters with what happened during your dialogue time each day.
8. End by stating what effect this topic has had on your relationship in the past and if you view it differently since this series. Tell briefly where you are on this topic.
9. Choose one related discussion (open sharing) and one dialogue (10/10) question that asks about feelings and needs.
10. Read through your sharings the night before the talk to make sure everything sounds natural and comfortable. (keep at about 20-25 min)
11. Listen to the group dialogue after the 10/10 and:
 - a. Make a list of feeling words shared.
 - b. Read this list and decide on one feeling to explore further as a group.
 - c. Beginning with you, go around the room and everyone share one sentence about -
Describe my feeling when I feel _____
12. GOOD LUCK!!!!